



ST MICHAEL & ST GEORGE

*The Cathedral Church of the Bishop of the Forces
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Sunday, 30th November 2025

FIRST SUNDAY OF ADVENT – YEAR A

1100hrs Mass Intention: Charlie, Freda & Anthony Brooks RIP

Advent Preface I

Eucharistic Prayer II

Entrance Hymn: 983

Offertory Hymn: 468

Communion Hymn: 851

Recessional Hymn: 92

Kyrie: M13

Gloria: None

Sanctus: M15

Acclamation: M16

Great Amen: Plainchant

Agnus Dei: M20

WELCOME EVERYONE

For our celebration today you will require a Mass Sheet, a hymn book and a copy of any Mass Settings that we are using, all of which are available from the Welcome Team.

Children over four years old are invited to go to their liturgy with the Catechetical Team following the introduction to the Mass and return at the offertory. The vestry is available for those with young children who need a place to play. Activity bags, containing appropriate books and other materials, hanging on the chairs at the back of church may be borrowed to keep children engaged during Mass. Please replace them after use and before leaving the building. Refreshments after Mass will be available at the back of church.

MINISTRIES TODAY

Welcome Team: Mr P Ndungu; Mrs E Ngatia
Readers: Mrs N Francis-Crerar; Col P Rossiter
Extraordinary Ministers: Mrs P Rossiter; Mrs P Powell
Children's Liturgy Lead: Mrs Y Spreadborough

THIS WEEK

The Cathedral is open every working day from **1000hrs - 1600hrs**

Mon 1st Dec: *Feria of Advent, Week 1, Year II*

Tue 2nd Dec: *Feria of Advent, Week 1, Year II*

1600hrs – 4 RANGERS Carol Service

Wed 3rd Dec: *St Francis Xavier, priest*

1145hrs – Midday Prayer (Psalter Week I)

1200hrs – Holy Mass (Zoom available)

Angela Massiah RIP

Thu 4th Dec: *St John Damascene, priest, doctor*

Fri 5th Dec: *Feria of Advent, Week 1, Year II*

1400hrs – Exposition of the Blessed Sacrament

1545hrs – Holy Communion outside of Mass

Sat 6th Dec: *St Nicholas, bishop*

1430hrs – Divine Mercy Liturgy

NEXT SUNDAY

Welcome Team: Mrs E Allen; Mrs K Belgum
Readers: Mr P Ndungu; Mr C Endean
Extraordinary Ministers: Ms A Williams; Mrs M Szklarek
Children's Liturgy Lead: Mrs P Ryan

PRAYER INTENTIONS

Please keep the members of our Armed Forces, their families and all support staff, in your personal intercessions.

ADVANCE NOTICE

Garrison Churches Carol Service – 1800hrs – 14th December - RGC

LIVESTREAMING LITURGIES

Sunday's Mass Zoom details – ID: 836 0362 1081

<https://us02web.zoom.us/j/83603621081?pwd=f5oozBijLKXrNwH7cX8zquEr2vGGGrf.1> Passcode: 231352

Wednesday's Mass Zoom details – ID: 896 0795 1707

<https://us02web.zoom.us/j/89607951707?pwd=LIFPWxrAT9SfaQslK9aw3h7QdRc80X.1> Passcode: 146700

LITURGICAL SYMBOLISM

The lights of the candles on the Advent Wreath break through the darkness, reminding us of the Light of Christ that we anticipate during this holy season. The evergreens used for the wreath itself are a reminder of continuous life, and the shaping of them into a circle reinforces the meaning of it being a sign of life eternal in Christ. The four candles used mark the Sundays of Advent before Christmas. The purple candles are reminders that this should be a time of prayer and sacrifice to prepare us for the second coming of Christ. On the third Sunday, the pink candle is lit to announce a day of rejoicing for Christ is coming near. A fifth white candle in the centre of the Wreath represents Christ himself, and is lit as a remembrance of the manifestation of the Light of the World.

TEACHING POINT

The Jesse Tree tradition is rooted in Isaiah 11:1: "A shoot shall come out from the stump of Jesse, and a branch shall grow out of his roots." Jesse was the father of David, Israel's greatest king, and Jesus is descended from the line of David. He is the branch God promised would grow from Jesse's family tree. Each symbol, which our children will tell us about at the offertory, represents a story from this family tree and a step toward the birth of Jesus

PURCHASING POWER

There's a 50% sale of non-festive Repository items today only.

CELEBRATING FAITH

We welcome the family and friends of Elizabeth Isabella Miller who will receive the sacrament of baptism after Mass today.

SUPPORTING OTHERS

Many thanks to all who contributed to our Table Top Sale and Bottle Tombola which raised £200 for the charities we support. Our Christmas Raffle prizes will be on show and tickets on sale from next week with the draw taking place on Sunday, 21st December.

AND FINALLY ...

... it's said the best way to get rid of kitchen odours is to eat out.

*With every blessing
Fr Nick*