



ST MICHAEL & ST GEORGE

The Cathedral Church of the Bishop of the Forces
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Sunday, 15th March 2026

FOURTH SUNDAY OF LENT (MOTHERING SUNDAY) – YEAR A

1100hrs Mass Intention: Mothers, past and present, and all women of the world

Preface: Lent IV

Eucharistic Prayer II

Entrance Hymn: 475

Offertory Hymn: 806

Communion Hymn: 851

Recessional Hymn: 713

Kyrie: M13

Gloria: None

Sanctus: M15

Acclamation: M17

Great Amen: Plainchant

Agnus Dei: M20

WELCOME EVERYONE

For our celebration today you will require a Mass Sheet, a hymn book and a copy of any Mass Settings that we are using, all of which are available from the Welcome Team.

Children over four years old are invited to go to their liturgy with the Catechetical Team following the introduction to the Mass and return at the offertory. The vestry is available for those with children who need a place to play. Activity bags, containing appropriate books and other materials, hanging on the chairs at the back of church may be borrowed to keep children engaged during Mass. Please replace them after use and before leaving the building. Refreshments after Mass will be available at the back of church.

MINISTRIES TODAY

Welcome Team: Mrs M Allen; Mrs O Beattie
Readers: Mr C Endean; Ms M Catchpole
Extraordinary Ministers: Mrs P Ward; Mrs O Beattie
Children's Liturgy Lead: Mrs P Brooks

THIS WEEK

The Cathedral is open every working day from **1000hrs - 1600hrs**

Mon 16th Mar: *Feria of Lent, Week 4*

Tue 17th Mar: *Feria of Lent, Week 4 (St Patrick)*

Wed 18th Mar: **CHRISM MASS** (Zoom available)
1200hrs – Holy Mass with Renewal of Priestly Promises and the Blessing of Oils
The Bishopric

Thu 19th Mar: **ST JOSEPH, HUSBAND OF THE BVM**
1200hrs – Holy Mass (Zoom available)

Deceased members of the Beattie family

Fri 20th Mar: *Feria of Lent, Week 4*
1400hrs – Stations of the Cross
1430hrs – Exposition of the Blessed Sacrament
1545hrs – Holy Communion Outside of Mass

NEXT SUNDAY

Welcome Team: Mr T Booth; Mrs S Levett
Readers: Mr P Ndungu; Mrs S Cole
Extraordinary Ministers: Ms A Williams; Mrs P Ward
Children's Liturgy Lead: Mrs R Nash

PRAYER INTENTIONS

Please keep the members of our Armed Forces, their families and all support staff, in your personal intercessions.

PURCHASING POWER

The Lent 50% Repository Sale will be next Sunday, 22nd March.

LIVESTREAMING LITURGIES

Sunday's Mass Zoom details – ID: 849 7364 3110

<https://us02web.zoom.us/j/84973643110?pwd=oiVtAob9RsXFQJsrpZWVrRyn5Wvprp.1> Passcode: 201608

Wednesday's Mass Zoom details – ID: 870 4769 3362

<https://us02web.zoom.us/j/87047693362?pwd=sT0LZjXYHtW9o91zqjmJPrbdPAgO90.1> Passcode: 025883

Thursday's Mass Zoom details – ID: 831 1831 9964

<https://us02web.zoom.us/j/83118319964?pwd=TaVvyHKA9ydrn9PFb6zljJNiW31e3.1> Passcode: 631652

IN MEMORIAM

The Funeral Mass of Jean Middleton will be celebrated in the Cathedral at 1130hrs next week on Friday, 27th March. Her coffin will be received into church at 1530hrs on Thursday, 26th March.

TODAY'S CELEBRATION

Laetare Sunday has traditionally been a day of celebration, within the austere period of Lent. The day gets its name from the first few words of the traditional Latin entrance for the Mass of the day. 'Laetare Jerusalem' ("Rejoice, O Jerusalem") found in the book of Isaiah 66:10. Also known as Mothering Sunday (a day when servants were released from service so they could visit their mothers), Refreshment Sunday (a day of relaxation from the normal Lenten rigours), mid-Lent Sunday (a day of hope with Easter at last in sight) and Rose Sunday (a day when rose-coloured vestments replace the traditional purple of Lent).

TEACHING POINT

The Chrism Mass is a restoration of the rite recorded in the early 200s by the historian Hippolytus who writes of a ceremony taking place during the Easter Vigil at which two holy oils (Catechumens and the Sick) were blessed and one (Chrism) was consecrated. In the fifth century the ceremony of the oils was transferred from the Easter Vigil to Maundy Thursday and a separate mass for that purpose was instituted and made distinct from the Mass of the Lord's Supper. The change took place to fully emphasize Christ's institution of the ordained priesthood during what is traditionally called The Last Supper. In the decree renewing this rite Pope Paul VI said: "The Chrism Mass is one of the principal expressions of the fullness of the bishop's priesthood and signifies the closeness of the priests with him."

AND FINALLY ...

... a smile is a curve that sets most things straight.

With every blessing
Fr Nick