

# THE JERUSALEM MASS SHEET

3RD SUNDAY OF LENT (B) 3rd March 2024

## THE INTRODUCTORY RITES

Entrance Antiphon or a hymn. *Stand*  
Cf. Ez 36: 23-26

**When I prove my holiness among you,  
I will gather you from all the foreign lands;  
and I will pour clean water upon you  
and cleanse you from all your impurities,  
and I will give you a new spirit, says the Lord.**

*All make the Sign of the Cross as the Priest says:*  
In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

*The Priest greets everyone present.*  
*The people respond:* **And with your spirit.**  
*The Mass of the day may be introduced.*

## Penitential Act

*The Priest invites the people to repentance using  
one of the Penitential Acts.*

Lord Jesus, you call your people to turn away  
from sin:

Lord, have mercy. *Or:* Kyrie, eleison.

**Lord, have mercy. Or: Kyrie, eleison.**

You teach us wisdom, and write your truth in our  
inmost heart:

Christ, have mercy. *Or:* Christe, eleison.

**Christ, have mercy. Or: Christe, eleison.**

You forgive sins through the ministry of  
reconciliation:

Lord, have mercy. *Or:* Kyrie, eleison.

**Lord, have mercy. Or: Kyrie, eleison.**

*The Priest says the absolution:*

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life. **Amen.**

## The Collect

O God, author of every mercy and of all goodness,  
who in fasting, prayer and almsgiving  
have shown us a remedy for sin,  
look graciously on this confession of our lowliness,  
that we, who are bowed down by our conscience,  
may always be lifted up by your mercy.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
God, for ever and ever. **Amen.** *Sit*

## THE LITURGY OF THE WORD

**First Reading** *Shorter form*

A reading from the book of Exodus  
20:1-3. 7-8. 12-17

God spoke all these words. He said, 'I am the  
Lord your God who brought you out of the land of  
Egypt, out of the house of slavery.

'You shall have no gods except me.

'You shall not utter the name of the Lord your

God to misuse it, for the Lord will not leave  
unpunished the man who utters his name to  
misuse it.

'Remember the sabbath day and keep it holy.

'Honour your father and your mother so that you  
may have a long life in the land that the Lord your  
God has given to you.

'You shall not kill.

'You shall not commit adultery.

'You shall not steal.

'You shall not bear false witness against your  
neighbour.

'You shall not covet your neighbour's house.

'You shall not covet your neighbour's wife, or his  
servant, man or woman, or his ox, or his donkey,  
or anything that is his.'

The word of the Lord.

**Thanks be to God.**

**Psalm**

Ps 18:8-11. R. Jn 6:68

**R) You, Lord, have the message of eternal life.**

The law of the Lord is perfect,  
it revives the soul.

The rule of the Lord is to be trusted,  
it gives wisdom to the simple. **(R)**

The precepts of the Lord are right,  
they gladden the heart.

The command of the Lord is clear,  
it gives light to the eyes. **(R)**

The fear of the Lord is holy,  
abiding for ever.

The decrees of the Lord are truth  
and all of them just. **(R)**

They are more to be desired than gold,  
than the purest of gold

and sweeter are they than honey,  
than honey from the comb. **(R)**

## Second Reading

A reading from the first letter of St Paul  
to the Corinthians. 1:22-25

While the Jews demand miracles and the  
Greeks look for wisdom, here are we preaching  
a crucified Christ; to the Jews an obstacle that  
they cannot get over, to the pagans madness,  
but to those who have been called, whether they  
are Jews or Greeks, a Christ who is the power  
and the wisdom of God. For God's foolishness  
is wiser than human wisdom, and God's  
weakness is stronger than human strength.

The word of the Lord.

**Thanks be to God.**

**Gospel Acclamation**

*Stand*

**Praise to you, O Christ, king of eternal glory!** Jn 3:16

**God loved the world so much that he his only Son;**

**everyone who believes in him has eternal life**

**Praise to you, O Christ, king of eternal glory!**

## Gospel

John 2:13-25

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to John.

**Glory to you, O Lord.**

Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money changers sitting at their counters there. Making a whip out of some cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money changers' coins, knocked their tables over and said to the pigeon-sellers, 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up.' The Jews replied, 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said.

During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

The Homily

*Sit*

The Nicene Creed

*Stand*

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,**

**consubstantial with the Father;  
through him all things were made.**

**For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit**

**was incarnate of the Virgin Mary,  
and became man.**

*All bow*

**For our sake he was crucified under  
Pontius Pilate,**

**he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.**

**He ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.**

**I confess one Baptism for the forgiveness  
of sins**

**and I look forward to the resurrection of  
the dead**

**and the life of the world to come. Amen.**

**The Prayer of the Faithful**

*Response example:* Lord, in your mercy,  
Hear our prayer.

*After the concluding prayer all say:* **Amen. Sit**

**THE LITURGY OF THE EUCHARIST**

*The offerings are brought to the altar.*

*A hymn may be sung.*

*If the Priest says the two prayers of offering  
aloud the response both times is:*

**Blessed be God for ever.**

*The Priest completes additional personal  
preparatory rites, and the people rise as he says:*

**Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.**

*The people reply:*

**May the Lord accept the sacrifice  
at your hands**

**for the praise and glory of his name,  
for our good**

**and the good of all his holy Church.**

**Prayer over the Offerings**

Be pleased, O Lord, with these sacrificial offerings,  
and grant that we who beseech pardon for our own sins,  
may take care to forgive our neighbour.  
Through Christ our Lord.

**Amen.**

**The Eucharistic Prayer**

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

**Preface I of Lent**

*(Preface II of Lent may be used.)*

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God,  
through Christ our Lord.

For by your gracious gift each year  
your faithful await the sacred paschal feasts  
with the joy of minds made pure,  
so that, more eagerly intent on prayer  
and on the works of charity,

and participating in the mysteries  
by which they have been reborn,  
they may be led to the fullness of grace  
that you bestow on your sons and daughters.

And so, with Angels and Archangels,  
with Thrones and Dominions,  
and with all the hosts and Powers of heaven,  
we sing the hymn of your glory,  
as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.**

*Kneel*

### **Eucharistic Prayer I**

*(The Priest may use a different Eucharistic Prayer.)*

To you, therefore, most merciful Father,  
we make humble prayer and petition  
through Jesus Christ, your Son, our Lord:  
that you accept

and bless ☩ these gifts, these offerings,  
these holy and unblemished sacrifices,  
which we offer you firstly  
for your holy catholic Church.

Be pleased to grant her peace,  
to guard, unite and govern her  
throughout the whole world,  
together with your servant N. our Pope  
and N. our Bishop,  
and all those who, holding to the truth,  
hand on the catholic and apostolic faith.

Remember, Lord, your servants N. and N.  
and all gathered here,  
whose faith and devotion are known to you.  
For them, we offer you this sacrifice of praise  
or they offer it for themselves  
and all who are dear to them:  
for the redemption of their souls,  
in hope of health and well-being,  
and paying their homage to you,  
the eternal God, living and true.

In communion with those whose memory we  
venerate,

especially the glorious ever-Virgin Mary,  
Mother of our God and Lord, Jesus Christ,  
and blessed Joseph, her Spouse,  
your blessed Apostles and Martyrs,  
Peter and Paul, Andrew, [...]  
and all your Saints;

we ask that through their merits and prayers,  
in all things we may be defended  
by your protecting help.

Therefore, Lord, we pray:  
graciously accept this oblation of our service,  
that of your whole family;  
order our days in your peace,  
and command that we be delivered from  
eternal damnation  
and counted among the flock of those you  
have chosen.

Be pleased, O God, we pray,  
to bless, acknowledge,  
and approve this offering in every respect;  
make it spiritual and acceptable,  
so that it may become for us

the Body and Blood of your most beloved Son,  
our Lord Jesus Christ.

On the day before he was to suffer,  
he took bread in his holy and venerable hands,  
and with eyes raised to heaven  
to you, O God, his almighty Father,  
giving you thanks, he said the blessing,  
broke the bread

and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,  
he took this precious chalice  
in his holy and venerable hands,  
and once more giving you thanks, he said the  
blessing

and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

*The people continue, acclaiming:*

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

Therefore, O Lord,  
as we celebrate the memorial of the blessed  
Passion,

the Resurrection from the dead,  
and the glorious Ascension into heaven  
of Christ, your Son, our Lord,  
we, your servants and your holy people,  
offer to your glorious majesty  
from the gifts that you have given us,  
this pure victim,  
this holy victim,  
this spotless victim,  
the holy Bread of eternal life  
and the Chalice of everlasting salvation.

Be pleased to look upon these offerings  
with a serene and kindly countenance,  
and to accept them,  
as once you were pleased to accept  
the gifts of your servant Abel the just,  
the sacrifice of Abraham, our father in faith,  
and the offering of your high priest Melchizedek,  
a holy sacrifice, a spotless victim.

In humble prayer we ask you, almighty God:  
command that these gifts be borne  
by the hands of your holy Angel  
to your altar on high  
in the sight of your divine majesty,  
so that all of us, who through this participation  
at the altar

receive the most holy Body and Blood of your Son,  
may be filled with every grace and heavenly  
blessing.

Remember also, Lord, your servants N. and N.,  
who have gone before us with the sign of faith  
and rest in the sleep of peace.

Grant them, O Lord, we pray,  
and all who sleep in Christ,  
a place of refreshment, light and peace.

To us, also, your servants, who, though sinners,  
hope in your abundant mercies,  
graciously grant some share  
and fellowship with your holy Apostles and Martyrs:  
with John the Baptist, Stephen,  
Matthias, Barnabas, [...] and all your Saints;  
admit us, we beseech you,  
into their company,  
not weighing our merits,  
but granting us your pardon,  
through Christ our Lord.

Through whom  
you continue to make all these good things,  
O Lord;

you sanctify them, fill them with life,  
bless them, and bestow them upon us.

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

*The people acclaim:* **Amen.**

The Communion Rite

*Stand*

*The Priest invites all to join in the Lord's Prayer:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

*The Priest continues alone:*

Deliver us, Lord, we pray, ...

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

*The Priest says:*

Lord Jesus Christ... **Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

*The Deacon, or the Priest, adds:*

Let us offer each other the sign of peace.

*The Priest takes the host and breaks it.*

*Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.**

*Kneel*

*The Priest shows the host to the people and says:*

Behold the Lamb of God,

behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*The Priest or other minister says to each  
communicant:*

The Body [Blood] of Christ.

*Each communicant answers:* **Amen.**

**Communion Antiphon**

*Cf. Ps 83: 4-5*

**The sparrow finds a home,  
and the swallow a nest for her young:  
by your altars, O Lord of hosts, my King  
and my God.**

**Blessed are they who dwell in your house,  
for ever singing your praise.**

*After the distribution of Holy Communion a  
sacred silence may be observed or a psalm,  
hymn or canticle of praise may be sung.*

**Prayer after Communion**

*Stand*

As we receive the pledge  
of things yet hidden in heaven  
and are nourished while still on earth  
with the Bread that comes from on high,  
we humbly entreat you, O Lord,  
that what is being brought about in us in mystery  
may come to true completion.  
Through Christ our Lord. **Amen.**

**THE CONCLUDING RITES**

*Announcements may be made.*

*Then:*

*Priest:* The Lord be with you.

*All:* **And with your spirit.**

Prayer over the People

*The Deacon, or the Priest, says:*

Bow down for the Blessing.

*Then the Priest continues:*

Direct, O Lord, we pray, the hearts of your faithful,  
and in your kindness grant your servants this grace:  
that, abiding in the love of you and their neighbour,  
they may fulfil the whole of your commands.

Through Christ our Lord. **Amen.**

And may the blessing of almighty God,  
the Father, and the Son, ✠ and the Holy Spirit,  
come down upon you and remain with you for ever.  
**Amen.**

*Then the Deacon, or the Priest, says:*

Go forth, the Mass is ended.

*Or:*

Go and announce the Gospel of the Lord. *Or:*

Go in peace, glorifying the Lord by your life. *Or:*

Go in peace.

**Thanks be to God.**



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