



## ST MICHAEL & ST GEORGE

The Cathedral Church of the Bishop of the Forces  
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*Sunday, 10<sup>th</sup> March 2024*

### FOURTH SUNDAY OF LENT (MOTHERING SUNDAY) – YEAR B

*1100hrs Mass Intention: Mothers, past and present, and all women of the world*

Entrance Hymn: 794

Offertory Hymn: 771

Communion Hymn: 851

Recessional Hymn: 861

Kyrie: M21

Gloria: None

Sanctus: M49

Acclamation: M52

Great Amen: M53

Agnus Dei: M11

*The obligation for the faithful to attend Holy Mass on a Sunday or Holy Day of Obligation has been reinstated. Pastoral consideration for the vulnerable and those isolating is imperative and appropriate dispensations remain in place for them.*

#### WELCOME EVERYONE

For our celebration today you will require a Mass Sheet, a hymn book and a copy of any Mass Settings that we are using, all of which are available from the Welcome Team.

Children over four years old are invited to go to their liturgy with the Catechetical Team following the introduction to the Mass and return at the offertory. Activity bags, containing appropriate books and other materials, hanging on the chairs at the back of church may be borrowed to keep children engaged during Mass. Please replace them after use and before leaving the building.

After Mass refreshments are served at the back of church.

#### MINISTRIES TODAY

Welcome Team: Mrs M Allen; Mrs O Beattie

Readers: Mrs S Cole; Col P Rossiter

Children's Liturgy Lead: Mrs F Qiatabua

#### THIS WEEK

The Cathedral is open every working day from **1000hrs - 1600hrs**

Mon 11<sup>th</sup> March: *Feria of Lent, Week 4, Year II*

Tue 12<sup>th</sup> March: *Feria of Lent, Week 4, Year II*

Wed 13<sup>th</sup> March: *Feria of Lent, Week 4, Year II*

1145hrs – Midday Prayer (Psalter Week IV)

1200hrs – Holy Mass

**Sheila Rimple RIP**

Thu 14<sup>th</sup> March: *Feria of Lent, Week 4, Year II*

Fri 15<sup>th</sup> March: *Feria of Lent, Week 4, Year II*

1400hrs – Stations of the Cross

1430hrs – Exposition of the Blessed Sacrament

1545hrs – Holy Communion outside of Mass

#### NEXT SUNDAY

Welcome Team: Mr T Booth;

Readers: Mrs N Francis-Crerar; Mrs O Beattie

Children's Liturgy Lead: Mrs R Nash

#### PRAYER INTENTIONS

Please keep the members of our Armed Forces, their families and all support staff, together with those who have been or who have the potential to be, mothers in your personal intercessions.

#### FAITHFUL COMPASSION

Bishop John Sherrington, Lead Bishop for Life Issues, has praised the government's decision to allow baby loss certificates for parents who have lost their children before 24 weeks. His statement may be read on the noticeboard and the Bishopric website.

#### LIVESTREAMING LITURGIES

Sunday's Mass Zoom details – ID: 841 6221 3250

<https://us02web.zoom.us/j/84162213250?pwd=YldHTjZKZ3JkdnBqaFJlVnAzN25oQT09> Passcode: 029413

#### TODAY'S CELEBRATION

Laetare Sunday has traditionally been a day of celebration, within the austere period of Lent. The day gets its name from the first few words of the traditional Latin entrance for the Mass of the day. 'Laetare Jerusalem' ("Rejoice, O Jerusalem") found in the book of Isaiah 66:10. Also known as Mothering Sunday (a day when servants were released from service so they could visit their mothers), Refreshment Sunday (a day of relaxation from the normal Lenten rigours), mid-Lent Sunday (a day of hope with Easter at last in sight) and Rose Sunday (a day when rose-coloured vestments replace the traditional purple of Lent).

#### SUPPORTING CHARITY

Col Philippe Rossiter writes: the recent diagnosis of a wedge compression fracture in my spine has meant abandoning all running for the moment, including taking up my London Marathon place. To maintain some level of fitness, I am undertaking the CAFOD Big Lent Walk challenge as a motivator to get me out of the house. I use the word 'challenge' a little loosely, as the target set by CAFOD is a mere 200km over the 40 days of Lent, or 5km a day! Anything you can do to support me, and the cause, will be much appreciated. Access to the JustGiving page may be made via: [www.walk.cafod.org.uk/fundraising/if-you-cant-run-then-walk](http://www.walk.cafod.org.uk/fundraising/if-you-cant-run-then-walk)

#### SACRAMENTAL PREPARATION

Our First Holy Communion Group are continuing their studies in earnest and enjoying their time together. Please keep Annabelle, Asivina, Chloe, Emmanuel, Jayden, Josephine, Kim, Mazvita, Owen and Ted, together with their catechists Mrs Spreadborough, Mrs Ryan, Mrs Brooks and Mrs Qiatabua, assisted by Imogen, in your prayers and sign up as a prayer sponsor on the FHC board.

#### PURCHASING POWER

The annual Lent 50% one day only Sale on all Repository (less the Easter) items will take place next Sunday, 17<sup>th</sup> March after Mass.

#### AND FINALLY ...

... it appears to be a strange fact of life that a sock lost in a tumble dryer comes back as a Tupperware lid that doesn't fit any container!

*With every blessing*  
Fr Nick