

# THE CATHOLIC MASS SHEET

— ENGLISH STANDARD VERSION —

1st SUNDAY OF ADVENT (C)

1st December 2024

## THE INTRODUCTORY RITES

Entrance Antiphon or a hymn.

*Stand*

*Cf. Ps 24:1-3*

**To you, I lift up my soul, O my God.  
In you, I have trusted; let me not be put  
to shame.  
Nor let my enemies exult over me;  
and let none who hope in you be put  
to shame.**

*All make the Sign of the Cross as the Priest says:  
In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen.*

### Greeting

*The Priest greets the people, saying:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

*Or:*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.

*Or:*

The Lord be with you.

*The people reply:*

**And with your spirit.**

*The Mass of the day may be introduced.*

### Penitential Act

*The Priest invites the faithful to repentance  
followed, after a brief pause, by one of the  
Penitential Acts:*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,**

*And, striking their breast, they say:*

**through my fault, through my fault,  
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

*Or:*

Have mercy on us, O Lord.

**For we have sinned against you.**

Show us, O Lord, your mercy.

**And grant us your salvation.**

*Or:*

You were sent to heal the contrite of heart:  
Lord, have mercy. *Or: Kyrie, eleison.*

**Lord, have mercy. Or: Kyrie, eleison.**

You came to call sinners:

Christ, have mercy. *Or: Christe, eleison.*

**Christ, have mercy. Or: Christe, eleison.**

You are seated at the right hand of the

Father to intercede for us:

Lord, have mercy. *Or: Kyrie, eleison.*

**Lord, have mercy. Or: Kyrie, eleison.**

*The absolution by the Priest follows:*

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**Amen.**

*If the 'Kyrie, eleison' has not been said or sung,  
it is said or sung now.*

### The Collect

Grant your faithful, we pray, almighty God,  
the resolve to run forth to meet your Christ  
with righteous deeds at his coming,  
so that, gathered at his right hand,  
they may be worthy to possess the  
heavenly Kingdom.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
God, for ever and ever.

**Amen.**

*Sit*

## THE LITURGY OF THE WORD

### First Reading

A reading from the Prophet Jeremiah. 33:14-16

Behold, the days are coming, declares the LORD,  
when I will fulfil the promise I made to the house of  
Israel and the house of Judah. In those days and at  
that time I will cause a righteous Branch to spring up  
for David, and he shall execute justice and  
righteousness in the land. In those days  
Judah will be saved, and Jerusalem will dwell  
securely. And this is the name by which it will be  
called: 'The LORD is our righteousness.'

The word of the Lord.

**Thanks be to God.**

### Psalm

Psalm 25(24):4-5b.8-9.10,14.R.1b

**R. To you, O LORD, I lift up my soul.**

O LORD, make me know your ways.

Teach me your paths.

Guide me in your truth, and teach me;

for you are the God of my salvation.

**R.**



Good and upright is the LORD;  
therefore he shows the way to sinners.  
He guides the humble in right judgement;  
to the humble he teaches his way. **R.**

All the LORD's paths are mercy and faithfulness,  
for those who keep his covenant and commands.  
The LORD's secret is for those who fear him;  
to them he reveals his covenant. **R.**

**R. To you, O LORD, I lift up my soul.**

### **Second Reading**

A reading from the first letter of Saint Paul to the Thessalonians. 1 Thessalonians 3:12-4:2

Brothers and sisters: May the Lord make you increase and abound in love for one another and for all, as we do for you, so that he may establish your hearts blameless in holiness before our God and Father, at the coming of our Lord Jesus with all his saints.

Finally, then, brothers and sisters, we ask and urge you in the Lord Jesus, that as you received from us how you ought to walk and to please God, just as you are doing, that you do so more and more. For you know what instructions we gave you through the Lord Jesus.

The word of the Lord.  
**Thanks be to God.**

**Acclamation before the Gospel** *Stand*

**Alleluia, alleluia.** Psalm 85(84):8  
**Show us, O LORD, your mercy,  
and grant us your salvation.  
Alleluia.**

**Gospel** Luke 21:25-28, 34-36

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Luke.

**Glory to you, O Lord.**

At that time: Jesus said to his disciples: 'There will be signs in sun and moon and stars, and on the earth distress of nations in perplexity because of the roaring of the sea and the waves, people fainting with fear and with foreboding of what is coming on the world. For the powers of the heavens will be shaken. And then they will see the Son of Man coming in a cloud with power and great glory. Now when these things begin to take place, straighten up and raise your heads, because your redemption is drawing near.

'But watch yourselves lest your hearts be weighed down with dissipation and drunkenness and cares of this life, and that day come upon you suddenly like a trap. For it will come upon all who dwell on the face of the whole earth. But stay awake at all times, praying that you may have strength to escape all these things that are going to take place, and to stand before the Son of Man.'

The Gospel of the Lord.

**Praise to you, LORD Jesus Christ.**

**The Homily** *Sit*

**The Nicene Creed** *Stand*

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.** *All bow*

**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.**

**I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come. Amen.**

*Or:*



## The Apostles' Creed

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
*who was conceived by the* All bow  
*Holy Spirit,*  
*born of the Virgin Mary,*  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come to judge the  
living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## The Prayer of the Faithful

*Response example:* Lord, in your mercy.  
Hear our prayer.

*After the concluding prayer all say:* Amen. Sit

## THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.  
A hymn may be sung.*

*If the Priest says the two prayers of offering  
aloud the response both times is:*  
**Blessed be God for ever.**

*The people rise as the Priest says:*  
Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*The people reply:*  
**May the Lord accept the sacrifice  
at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

## Prayer over the Offerings

Accept, we pray, O Lord, these offerings we make,  
gathered from among your gifts to us,  
and may what you grant us to celebrate  
devoutly here below,  
gain for us the prize of eternal redemption.  
Through Christ our Lord.  
**Amen.**

## The Eucharistic Prayer

The Lord be with you.  
**And with your spirit.**  
Lift up your hearts.  
**We lift them up to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right and just.**  
*The Priest continues with the Preface and  
concludes with the people, singing or saying  
aloud:*  
**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.** Kneel

*The Eucharistic Prayer continues until the  
priest says:*

The mystery of faith.  
*And the people continue, acclaiming one of  
the following:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*Or:*

**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*Or:*

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*The Priest concludes the Eucharistic Prayer  
saying alone:*

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

*The people acclaim:* **Amen.**

## The Communion Rite

Stand

*The Priest invites all to join in the Lord's Prayer:*  
**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

*The Priest continues alone:*  
Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,



as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

*The Priest says:*  
Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**  
The peace of the Lord be with you always.  
**And with your spirit.**

*The Deacon, or the Priest, adds:*  
Let us offer each other the sign of peace.  
*All then make an appropriate sign of peace.*

*The Priest takes the host and breaks it.  
Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.** *Kneel*

*The Priest shows the host to the people and says:*  
Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper  
of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*The Priest or other minister says to each  
communicant:*

The Body [Blood] of Christ.  
*Each communicant answers:* **Amen.**

**Communion Antiphon** Ps 84:13

**The Lord will bestow his bounty, and our  
earth shall yield its increase.**

*After the distribution of Holy Communion a  
sacred silence may be observed or a psalm,  
hymn or canticle of praise may be sung.*

**Prayer after Communion** *Stand*  
May these mysteries, O Lord,  
in which we have participated,  
profit us, we pray,  
for even now, as we walk amid passing things,  
you teach us by them to love the things  
of heaven  
and hold fast to what endures.  
Through Christ our Lord.

## THE CONCLUDING RITES

*Announcements may be made.* *Then:*

### Solemn Blessing

*Priest:* The Lord be with you.

*All:* **And with your spirit.**

*A formula of Solemn Blessing may be used.*

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.** *Or:*

*The Deacon, or the Priest, says:*  
Bow down for the blessing.

May the almighty and merciful God,  
by whose grace you have placed your faith  
in the First Coming of his Only Begotten Son  
and yearn for his coming again  
sanctify you by the radiance of Christ's Advent  
and enrich you with his blessing.  
**Amen.**

As you run the race of this present life,  
may he make you firm in faith,  
joyful in hope and active in charity.  
**Amen.**

So that, rejoicing now with devotion  
at the Redeemer's coming in the flesh,  
you may be endowed with the rich reward of  
eternal life  
when he comes again in majesty.  
**Amen.**

And may the blessing of almighty God,  
The Father, and the Son, ✠ and the Holy Spirit,  
come down on you and remain with you for ever.  
**Amen.**

*Then the Deacon, or the Priest, says:*

Go forth, the Mass is ended. *Or:*  
Go and announce the Gospel of the Lord. *Or:*  
Go in peace, glorifying the Lord by your life. *Or:*  
Go in peace.

**Thanks be to God.**



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