



ST MICHAEL & ST GEORGE

The Cathedral Church of the Bishop of the Forces
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Sunday, 30th March 2025

FOURTH SUNDAY OF LENT (MOTHERING SUNDAY) – YEAR C

1100hrs Mass Intention: Mothers, past and present, and all women of the world

Preface II of Lent

Eucharistic Prayer III

Entrance Hymn: 475

Offertory Hymn: 212

Communion Hymn: 967

Recessional Hymn: 731

Kyrie: 480

Gloria: None

Sanctus: 482

Acclamation: 483

Great Amen: 486

Agnus Dei: 487

WELCOME EVERYONE

For our celebration today you will require a Mass Sheet, a hymn book and a copy of any Mass Settings that we are using, all of which are available from the Welcome Team.

Children over four years old are invited to go to their liturgy with the Catechetical Team following the introduction to the Mass and return at the offertory. The side chapel may be used for younger children's quiet activities and the vestry is available for those who need a place in which to make noise. Activity bags, containing appropriate books and other materials, hanging on the chairs at the back of church may be borrowed to keep children engaged during Mass. Please replace them after use and before leaving the building.

MINISTRIES TODAY

Welcome Team:

Mrs E Allen; Mrs B Synyer

Readers:

Col P Rossiter; Mrs J White

Extraordinary Ministers:

Mrs S Cole; Mr C Kamwenje

Children's Liturgy Lead:

Mrs Y Spreadborough

THIS WEEK

The Cathedral is open every working day from **1000hrs - 1600hrs**

Mon 31st March: *Feria of Lent Week 4*

Tue 1st April: *Feria of Lent Week 4*

Wed 2nd April: *Feria of Lent Week 4 (St Francis of Paola)*

1145hrs – Midday Prayer (Psalter Week IV)

1200hrs – Holy Mass (Zoom available)

June Hall RIP

Thu 3rd April: *Feria of Lent Week 4*

Fri 4th April: *Feria of Lent Week 4 (St Isidore)*

1400hrs – Stations of the Cross

1430hrs – Exposition of the Blessed Sacrament

1545hrs – Holy Communion outside of Mass

Sat 5th April: *Feria of Lent Week 4 (St Vincent Ferrer)*

1430hrs – Divine Mercy Liturgy

NEXT SUNDAY

Welcome Team:

Mr P Ndungu; Mrs E Ngatia

Readers:

Mrs C Pritchard; Mrs M Ferrie

Extraordinary Ministers:

Mrs N Francis-Crerar; Mrs P Ward

Children's Liturgy Lead: Mrs R Nash

PRAYER INTENTIONS

Please keep the members of our Armed Forces, their families and all support staff, in your personal intercessions.

IN GRATITUDE

Thanks to everyone who helped in making the posies for today.

LIVESTREAMING LITURGIES

Sunday's Mass Zoom details – ID: 881 1414 6371

<https://us02web.zoom.us/j/88114146371?pwd=XKNKn3Gkoi1dbZapHe5PcpbsDeDYT7.1> Passcode: 729741

Wednesday's Mass Zoom details – ID: 851 2772 1722

<https://us02web.zoom.us/j/85127721722?pwd=aio2bvOvnZfLxq89reMUypVlPFePV.1> Passcode: 950769

TODAY'S CELEBRATION

Laetare Sunday has traditionally been a day of celebration, within the austere period of Lent. The day gets its name from the first few words of the traditional Latin entrance for the Mass of the day. 'Laetare Jerusalem' ("Rejoice, O Jerusalem") found in the book of Isaiah 66:10. Also known as Mothering Sunday (a day when servants were released from service so they could visit their mothers), Refreshment Sunday (a day of relaxation from the normal Lenten rigours), mid-Lent Sunday (a day of hope with Easter at last in sight) and Rose Sunday (a day when rose-coloured vestments replace the traditional purple of Lent).

FUNDRAISING EFFORT

After Mass today, as advertised, there will be a Bake Sale in aid of All Hallows School Lenten Appeal. Donations will be divided between a local charity supporting a sick child to go to Lourdes, a national charity (Shelter) and a global charity (CAFOD).

CATHOLIC WITNESS

The 29th General Chapter of the Society of St Francis de Sales has elected Fr Fabio Attard as the new Rector Major. More information at his ministry, and that of the Salesian Community generally, may be viewed via: www.indcatholicnews.com/news/52016

VOLUNTEERS REQUIRED

Lists for those wishing to assist in the Liturgy of the Lord's Supper on Maundy Thursday by symbolically having a foot washed and/or watching at the Altar of Repose are at the back of church.

PURCHASING POWER

The annual Lent 50% one day only Sale on all Repository (less the Easter) items will take place after Mass next Sunday, 6th April.

AND FINALLY ...

... a mother is someone whose 'phone memory is full, but who would rather delete their banking app than the 2,487,231 'photos of their children and grandchildren.

*With every blessing
Fr Nick*